### INSPIRATIONAL CONTENT CREATOR GUIDE

Welcome to the FLOW Community's guide for inspirational content creators! This document is designed to help you express and share your authentic self through your unique life journey. Our intention is to assist you in crafting a narrative that not only inspires others but also makes you feel proud of your story. At FLOW, we believe that every individual has a powerful story worth sharing, and by doing so, you can inspire the world and contribute to a community of authenticity and empowerment. Let's embark on this journey together to celebrate and showcase the extraordinary tales that make each of us unique.

Please review the following four main topics to help you start the narrative of your authentic life journey. You can write about all of them, focus on just one, or explore additional topics as you wish. These topics and questions are here to guide you in sharing your story in a way that flows naturally and inspires the world:

### 1. Origin Story

Can you share the story of your beginnings and what inspired you to start your journey

- Where did you grow up, and what was your early life like?
- What pivotal moments or influences set you on your current path?

## 2. Overcoming Challenges

What significant challenges have you faced along the way, and how did you overcome them?

- Describe a major obstacle and the strategies you used to tackle it.
- What lessons did you learn from these experiences that you carry with you today?

# 3. Defining Achievements

What are the achievements or milestones in your journey that you are most proud of?

- Why do these accomplishments stand out to you?
- How have they shaped your path and influenced your goals?

#### 4. Future Vision and Advice

What are your aspirations for the future, and what advice would you give to others embarking on a similar journey?

- Describe your future goals and the steps you plan to take to achieve them.
- What key pieces of advice would you offer to inspire and guide others in the FLOW Community?

If you have difficulty putting all the information together to share, the FLOW Community team is here to help. We can assist in crafting your narrative by taking all your responses to the topics and creating a document that you can be proud to share, so please fill out the <u>GUIDE FORM</u>. We will send you a draft beforehand to ensure you are happy with it and ready to share it. Remember, your storytelling will be even more authentic if you include any pictures or images that match your narrative, so please feel free to send them over, and we will display them to suit your story. Finally, please remember that we will adhere to <u>FLOW's inspirational content terms & conditions</u>. Kindly review these T&C to ensure everything is aligned.